

Programme Regulations: 2026/27

Master of Science in Sport and Exercise Psychology

Code: 5417F, 5417P

Notes

- (i) *These programme regulations should be read in conjunction with the University's Taught Programme Regulations.*
- (ii) *A core module for learning outcomes is a module which a student must pass.*
- (iii) *A core module for PSRB accreditation is a module a student is required to obtain accreditation.*
- (iv) *A compulsory module is a module which a student is required to study.*
- (v) *All modules are delivered in Linear mode unless stated otherwise as Block, eLearning or distance learning.*

1. Programme Structure

- (a) The programme is available for study in both full-time and part-time modes.
- (b) The period of study for full-time mode shall be 1 year starting in September.
- (c) The period of study for part-time mode shall normally be 2 years starting in September.
- (d) The programme comprises modules to a credit value of 180.
- (e) All candidates shall take the following compulsory modules:

Full Time

Code	Descriptive title	Total Credits	Credits Sem 1	Credits Sem 2	Credits Sem 3	Level	Core for PSRB Accreditation	Core for learning outcomes	Mode
PSY8061	Advanced Research Methods for Applied Psychology A	10	10			7		✓	
PSY8062	Advanced Research Methods for Applied Psychology B	10		10		7		✓	
PSY8073	Professional Development for Sport and Exercise Psychologists	20	20			7		✓	
PSY8074	Clinical Sport and Exercise Psychology	20		20		7		✓	

PSY8075	Social and Interpersonal Processes in Sport and Exercise	20	20			7		✓	
PSY8076	Applied Sport and Performance Psychology	20		20		7		✓	
PSY8077	Psychological Techniques in Sport and Exercise Psychology Practice	20	20			7		✓	
PSY8078	Sport and Exercise Psychology Project	60			60	7		✓	

Part Time - Year 1

(a) All candidates shall take the following compulsory modules:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8073	Professional Development for Sport and Exercise Psychologists	20	20			7		✓	
PSY8061	Advanced Research Methods for Applied Psychology A	10	10			7		✓	
PSY8062	Advanced Research Methods for Applied Psychology B	10		10		7		✓	
PSY8074	Clinical Sport and Exercise Psychology	20		20		7		✓	

Part Time - Year 2

(a) All candidates shall take the following compulsory modules:

<i>Code</i>	<i>Descriptive title</i>	<i>Total Credits</i>	<i>Credits Sem 1</i>	<i>Credits Sem 2</i>	<i>Credits Sem 3</i>	<i>Level</i>	<i>Core for PSRB Accreditation</i>	<i>Core for learning outcomes</i>	<i>Mode</i>
PSY8075	Social and Interpersonal Processes in Sport and Exercise	20	20			7		✓	
PSY8076	Applied Sport and Performance Psychology	20		20		7		✓	
PSY8077	Psychological Techniques in Sport and Exercise Psychology Practice	20	20			7		✓	
PSY8078	Sport and Exercise Psychology Project	60			60	7		✓	

2. Assessment methods

Details of the assessment pattern for each module are explained in the module outline.

3. Other

None.